



Monkfield Medical Practice

improving and protecting the wellbeing of Cambourne

Practice News & Updates – May 2026

More Staff

We're pleased to welcome **3 new GPs, 2 Care Navigators and a Prescription Clerk.**

Extra Care Navigators are supporting patients on the phones, at reception and online to help you reach the right service first time.

Use the NHS App

The NHS App lets you:

- Order repeat prescriptions
 - View test results and records
 - Book or cancel appointments
- Using the app helps reduce phone waiting times.

Contact Us Online

Avoid phone queues by using **'Contact Us'** on our website:

- Available anytime
- Reviewed and prioritised by our trained team

Keeping Yourself Healthy

Help look after your health by using the self-service blood pressure (BP) machine in reception.

If your BP is raised, it can often be managed with healthy lifestyle changes and medication, supported by the practice.

Hay Fever & Sun Safety

Many hay fever treatments are available **over the counter** from your local pharmacy. As the weather warms up, remember to stay hydrated, use sunscreen and seek shade during hot weather.

Patient Participation Group (PPG)

Our next PPG meeting is **15th June 26 5:45pm**. Join us to share your views and help shape practice services.

Art Group

Our friendly **fortnightly Art Group** supports creativity, wellbeing and social connection.

Research at the Practice

We continue to support research in Primary Care, giving patients opportunities to take part where appropriate.

How PCN Funding Helps


PCN funding supports additional clinical roles, improved access and enhanced local services.

Practice Monthly Closures

Planned closures are used for essential staff training, clinical updates, safety reviews and service improvements.

Prescription Requests – Please Read

Due to very high demand, please request repeat prescriptions **at least 7 days before you run out**. Avoid chasing requests – this causes delays. You can track progress via the **NHS App or online**.

 **Thank you** for using our online services and supporting the practice.

